

BIO FOR MICHELLE BACKES



Michelle Backes is the founder of The Savvy U, whose mission is to teach transforming truths to empower people to live a life of purpose, peace, and victory.

As an award-winning senior certified consultant at Trust Edge Leadership Institute, she specializes in leadership development and training. Michelle has contracted with USAA, Bayer, National Guard, Department of Natural Resources, State of Oregon Fire Chiefs, National Association of Fleet Administrators, Nevada Department of Transportation, College of Bermuda, and several other educational institutions. She is particularly passionate about working with sports teams as a former two-sport college athlete and coach, with a husband, an Olympian, and both children, D1 athletes. In addition, she is in her 25th year as a WNBA chaplain of the Minnesota Lynx.

She brings wisdom from all her diverse experiences to the stage, delivering high-energy keynote presentations that inspire, motivate, and challenge people to be their best selves. Clients and audiences love her practical strategies and tools for developing a high-trust culture in work and life.