

BIO FOR MICHELLE BACKES



Michelle Backes is the founder of The Savvy U, where she serves leaders by teaching timeless, trust-building truths that strengthen their inside game and transform how they live and lead. She is also the creator of *The Inside Game*, an eight-week leadership transformation course, and The Savvy U Circle -a mastermind for leaders committed to inside-out growth.

An award-winning senior certified consultant with the Trust Edge Leadership Institute, Michelle has trained and partnered with organizations such as USAA, Bayer, the National Guard, the Department of Natural Resources, State of Oregon Fire Chiefs, NAFA, NDOT, the College of Bermuda, and numerous corporate, healthcare, athletic, and educational institutions.

Now in her 27th year as the WNBA chaplain for the Minnesota Lynx, Michelle brings a unique blend of faith, athletics, and leadership expertise to every room she enters. Her high-energy presentations deliver practical frameworks, actionable tools, and research-backed strategies that strengthen culture, deepen trust, and elevate performance.

Please welcome Michelle Backes.
