

BIO FOR MICHELLE BACKES



Michelle Backes is the founder of The Savvy U, whose mission is to serve leaders by teaching timeless, trust-building truths that strengthen their inside game and transform how they live and lead. She is also the creator of *The Inside Game*—an eight-week transformation course—and the Savvy U Circle mastermind for leaders committed to inside-out growth.

An award-winning senior certified consultant with the Trust Edge Leadership Institute, Michelle has partnered with organizations such as USAA, Bayer, the National Guard, and the College of Bermuda. A former high school educator and college professor, Michelle deeply understands the pressures and purpose those shaping the next generation experience. Her passion is to equip teachers and school leaders with tools that strengthen trust, connection, and culture.

Now in her 27th year as the WNBA chaplain for the Minnesota Lynx, she brings a unique blend of athletics, faith, and leadership expertise to every room she enters. Her high-energy presentations offer practical, research-backed strategies that help educators lead well and live well.

Please welcome Michelle Backes.