

BIO FOR RON BACKES



Ron Backes is a former Olympian, college coach, and longtime ministry leader whose passion is to equip coaches and leaders to live and lead with Kingdom purpose. A six-time Big Ten Champion, NCAA Indoor Shot Put Champion, and 1992 Olympian, Ron understands the pressure, platform, and potential that come with influencing others.

After a decorated athletic career—winning three U.S. Indoor and one U.S. Outdoor Shot Put Championships—Ron transitioned into coaching at The Ohio State University and later into full-time ministry. Since 1999, he has served with the Fellowship of Christian Athletes as a Coaches Ministry Strategist, engaging, equipping, and empowering coaches to lead for Christ in their teams, homes, and communities.

Ron speaks at leadership gatherings, men's retreats, coaches' clinics, and discipleship events across the country. Known for his authenticity, clarity, and coach's heart, he challenges leaders to pursue a purpose that echoes beyond the scoreboard and to live with the boldness and humility that come from following Jesus.

Ron is married to Michelle Backes, founder of The Savvy U®, and together they have two adult children.

Please welcome Ron Backes.
